



PARFAITEMENT
BILINGUE

INTENTIONAL TEACHING

Streamline your systems,
planning and routines in 7
weeks so that you can support
your different learners and
make the most of your time.

For French Teachers Grades K-12

INTENTIONAL TEACHING

A Professional Development Program for French Teachers

PROGRAM OVERVIEW

Streamline your planning and systems in 7 weeks or less so that you can save 5 hours or more a week. You will learn how to support your different learners and make the most of your time, even if you already have other responsibilities or teach multiple grade levels.

We begin with the **Focus Here First Process**, your personalized plan to do the “right” things for you and your students. We’ll identify your focus, action steps and the 3 required workshops (from a choice of 7) for you to meet your goal.



EVERYTHING YOU ACCESS WHEN YOU REGISTER

1. **The Intentional Ten System:** Plan your time with flexibility and with the support you need so that you can trust you’ll get to what’s most important during and after your lessons
2. **The Signature Domino Routine:** Create an intentional and flexible Domino Routine for you or for your students that allows you to do more with less time and effort, and a plan to stay on track.
3. **The Accelerated Unit Plan Blueprint:** Learn how to plan a week, a month or more in advance without overplanning or taking forever to do it so you know where you’re going and can adapt when needed.
4. **The Quick 5 Assessment System:** Develop a marking system that you can maintain and that allows you to hand back work quickly so that your students can use their feedback as a learning tool.
5. **3 Steps to Small Group Instruction:** Set up your small group and differentiation system to support the different learners in your class without taking ages to prepare it.
6. **The Guilt Release Process For Teachers:** Uncover and meet your own needs so that you can feel present at school and in your personal life too.
7. **The Streamlined Educator Method:** Discover the secrets to doing more in less time so that you can focus your time and energy on you and your students.

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BONUSES

You'll also get the following bonus calls, systems and pre-recorded modules *included* in your registration fee.

Bonus #1: The Goal Tracker System: Achieve More This Week than ever before

Individualized weekly check-ins to make sure you accomplish your weekly goals and to support you if you get stuck.

Bonus #2: In Class Work Time Bonus Module

3 steps to teach your students to work independently during class time so that your students are ready for small group instruction and teacher student conferences.

Bonus #3: The Disruptive Behaviour Interventions Method Bonus Module

Tested strategies to address the challenging behaviours that are derailing your lessons. Learn how to adapt each strategy to your grade level.

Bonus #4: Maintain and Move Forward Call

A 30 minute 1:1 call at the end of the program to help you through any new challenges and to create a plan to maintain your progress and to know where to go from here.

How it Works:

1. A **1:1 Focus Here First Process Call** to make sure you know where to focus during the program so that you can make the biggest impact on your teaching in less time. We'll identify your focus, action steps and the 3 required workshops (from a choice of 7) for you to meet your goal.
2. **Weekly Group Workshop Options** to set up and streamline your planning, systems and routines. Personalized support and a small community of other French Immersion teachers like you so you know you're not alone!
3. **Optional Weekly Q&A Clarity Calls:** If you're struggling with something specific in your classroom or if you have a question from one of the workshops, the Q&A calls will help you get the answers and clarity you need to move forward.

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PROGRAM RESULTS

I signed up for Lauren's "Teaching by Design" program in January 2022, when I was at a very low point in my second year of teaching. I thought the FSL curriculum I had designed was junk, that I had no hope of teaching and assessing students efficiently, that I was exhausting myself with no results to show for it, much like a hamster running on its wheel.

Lauren's coaching helped me reorient my mindset to a much healthier place, from near-despair back to a firm belief in myself. "Teaching by Design" put me in touch with other Canadian teachers from a range of panels and contexts who shared my issues with intentional planning, efficient assessment of student progress, and backwards planning of units and lessons. I am one among many French teachers that Lauren has led to a more principled and disciplined sense of what it means to plan and teach mindfully and intentionally, always with the end in mine and firmly within the boundaries of a realistic and human time frame. Lauren models the practices that both *improve* a teacher's practice and *increase* their well-being.

If I compare where I was in January to where I am now in May, I find myself in with a healthier and happier attitude about my French teaching, in no small part due to Lauren's intervention and my participation in the "Teaching by Design" program. I cannot recommend this program warmly enough to any French teacher who feels like they aren't enough. You *are* enough, and you *should* feel like a full human as you deliver instruction and assess your students.

Best wishes,
Korto Zambeli-Tardif
OCT, MT, MA

Tammy said that before the program she felt:

Stressed, took up most of my days, never feeling like what I was doing was enough

And now:

Better use of my 'work hours' time, better mental health in general. Able to better organize my marking and general use of work time. Feeling less overwhelmed and able to get through more things, such as marking, than before.

I really appreciated today's workshop Lauren!

I got a moment during the call where I thought "this is WAY better than what I thought the experience would be, I'm learning more than the 2 years in teachers college!" And not that I didn't have any good teachers, they were brilliant! But teacherpreneurship and teacher coaching is such a game changer now and I'm really seeing it and feeling it!

So much! Many of the tips and tricks for productivity I had heard of before, but not always in how it relates to teaching. It was so helpful to be presented with these tips and how to apply them when it comes to teaching and planning. The biggest take away for me was figuring out how to meet my needs effectively. Teaching can be stressful, and we often forget to take a step back to evaluate what habits are serving us, which ones are not, and why we might be doing them in the first place.

I have a better idea of how to create long-term plans, be flexible, prioritize, and produce lessons that are "good enough". This has helped lower my stress levels, and in turn boosted my energy. It has been really nice to talk about the struggles of teaching with other French teachers, and to have someone (you!) lead us who has "figured it out". Thank you! :)

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PROGRAM RESULTS

I would work after school hours, weekday evenings and weekends. And still feel incomplete and having a long and dreading To-Do list

Now, I strictly stick to my prep time, only 30 mins max after school (ONLY when it is something that needs to be done ASAP for the next day) and only 1 day during my weekends (and on that weekend day that I pick, its only for a period of that day, not a whole day thing)

Now that I have accomplished the workshop, I am more aware of my over doing and I am also questioning myself more often on WHAT IS ENOUGH. I am constantly thinking WHAT MATTERS MOST RIGHT NOW and that makes me feel better and more productive.

I don't think so! I had a start-of-class success today though, the principal sat in on my final block of the day and the students went through their journal routine amazingly.

Tania said that before the program:

I was going day by day. I was feeling overwhelmed about it. Specifically, I was self sabotaging myself for not planning ahead and being on top of my To Do List.

And now:

I think what is possible for me now is actually feeling being present with my students. I'm no longer worried about "being behind." I'm slowly but surely applying the strategies and tips that I've learned during the Teaching by Design program. I feel a sense of control and accomplishment and that is my accomplishment. I look forward to further applying the strategies that I've written down for the remainder of April, May and June as well as for the 2022-2023 school year.

You learn about teaching and how to teach in school but when you first start, there is so much that goes into a day that you can get overwhelmed if you don't have a plan.

When I started this program, I was planning day to day and not sure where to go with my students learning. I was definitely in survival mode!

After joining the program, I am now in a place where I know what my day looks like because the routines have been established and lessons have been intentionally created with the end in mind. The simple structure of the program information and the weekly calls (with Lauren and a small group of teachers) have been so helpful in getting me to where I am now because I can use what I learned in the calls immediately with my class. Thank you for creating this program!



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INVESTMENT

Payment Options:

3 Monthly Instalments of \$147 CAD

In Full: \$397 CAD (Save \$44)

[CLICK HERE TO REGISTER.](#)



PROFESSIONAL DEVELOPMENT FUNDING

Details required to submit an application to your school district:

Dates:

July Cohort: July 7, 12, 14, 19, 21, 26, 28

August Cohort: August 2, 4, 9, 11, 16, 18, 23

Budget: \$397 (no transportation or meals required as it is all virtual)

GUARANTEE

If you book a Focus Here First Call, attend and execute on the strategies from each workshop don't save 3 hours or more a week or get at least 3 weeks ahead in your lesson planning, you'll get 2 1:1 sessions with me to get there.



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